

Touching Reality

June 15 - June 20, 2021

This schedule is for European and African time zones (CEST, Paris time)

	Tuesday 15 June	Wednesday 16 June	Thursday 17 June	Friday 18 June	Saturday 19 June	Sunday 20 June
07:30	Guided Sitting Meditation & Reading					
08:15	Physical Exercise					
	Breakfast (<i>offline</i>)					
09:30	Dharma Talk <i>Sr. Lăng Nghiêm</i>	Dharma Talk <i>Br. Pháp Linh</i>	Panel Sharing <i>on engaged ethics with scientists</i>	Questions & Answers <i>Srs. Hội Nghiêm, Hiền N., Brs. Pháp Xả, Pháp Linh</i>	Dharma Talk <i>Br. Pháp Lai</i>	
11:30	Walking Meditation (<i>offline</i>)					
12:30	Lunch (<i>offline</i>)					
14:00	Deep Total Relaxation					
15:30	Sharing in Small Groups (Europe)	Sharing in Small Groups (Europe)	Workshops <i>5 concurrent</i>	Sharing in Small Groups (Europe)	Sharing in Small Groups (Europe)	
18:00	Mindful Dinner <i>followed by informal hangout in small groups (optional)</i>					Dinner together (<i>optional</i>)
19:30	Dharma Talk <i>Sr. Đăng Nghiêm</i>	20:00 Sitting Meditation & The Great Bell Chant	Panel Discussions 1) <i>Diane Gilbert-Diamond, Lilian Cheung, Br. P. Lưu</i> 2) <i>Michel Bitbol, Br. P. Linh</i>	20:00 Sitting Meditation & The Great Bell Chant	Panel Discussions 1) <i>David Sloan Wilson, Sr. Lăng Nghiêm, Sr. Giác An</i> 2) <i>Ruth Lanius, Liam Kavanagh</i>	20:00 Closing Circle <i>Celebration with musical offerings</i>