



# Plum Village FRANCE

## CONSTRUCTION CAMPAIGN

### 6 WAYS TO HELP!



Plum Village France needs to raise €45 million in the next few years to bring the monastery up to local code; repair and expand its living, guest, and common spaces; and meet growing demand for retreats, monastic training, and online courses and resources.

**Here are six ways that you can support us!**

#### Learn About Us

One of the Plum Village campaign's goals is to build understanding of the special history, unique nature, and rich offerings of our monastery. Learn about Plum Village and its founder, Zen Master Thich Nhat Hanh (or "Thay"), by visiting [plumvillage.org](http://plumvillage.org).

#### Practice Mindfulness

Thay taught that just by the way we walk, breathe, and smile we make the world a better place. Your practice supports our practice because we inter-are!

#### Fundraise with Friends

The Thich Nhat Hanh Foundation's "peer-to-peer" fundraising tool makes it easy to inspire your Sangha, your friends, and your family to collectively support the Plum Village campaign by hosting a mindful tea, a garden party, or some other creative special event.



#### Spread the Word

Follow Plum Village on [Instagram](#) and [Facebook](#), and like and share our posts to help raise awareness about our monastery, our needs, and our aspirations for Thay's "root temple in the West."

#### Be in Community

If you don't belong to a local Sangha (group of lay mindfulness practitioners), consider [joining one](#) — or [start one in your community!](#)

#### Donate

Your financial gifts to Plum Village France or to Lower, New, or Upper Hamlets will help us ensure our monastery remains a global spiritual refuge for generations to come. Scan the QR code below or visit [plumvillage.org/donate](http://plumvillage.org/donate).



*Building a global spiritual refuge*  
A CAMPAIGN FOR PLUM VILLAGE FRANCE

[PLUMVILLAGE.ORG/DONATE](http://PLUMVILLAGE.ORG/DONATE)